

## Questions to Ask Your Doctor about Leg Vein Problems

The following questions may help you talk to your physician about your individual risk for venous disease. Print or write down these questions for your next appointment so you can take notes and remember the key points you want to discuss.

- 1. Am I at risk for problems with my veins?
- 2. What can I do to **prevent problems** with the veins in my legs?
- 3. Do I need medication?
- 4. What are my **options for treatment**?
- 5. Will my **spider veins** eventually become varicose veins?
- 6. Do I need **treatment for varicose veins**? Will they get worse if they're not treated?
- 7. What can I do to relieve the pain I feel in my legs?
- 8. If I have varicose veins do I have deep vein thrombosis?
- 9. How do I know if I need immediate medical attention?
- 10. Can I feel a **blood clot** in my vein? What should I do if I think I have a blood clot in my vein?
- 11. What can I do to **prevent sores**? What can I do to make them heal faster?
- 12. How do I know if my **symptoms** are from a clot I had before or if it's a new clot that should be checked?
- 13. Do I need a **specialist** for my treatment? What kind of specialist?
- 14. Will I have venous disease for the **rest of my life**?