

Questions to Ask Your Doctor About Implantable Loop Recorders

The following questions can help you talk to your physician about wearing an implantable loop recorder. **Print out or write down these questions and take them with you to your appointment.** Taking notes can help you remember your physician's response when you get home.

- What **symptoms** make me a good candidate for an implantable loop recorder?
- What will the implantable loop recorder tell us about **my heart health**?
- Will I need to use an **activator** to turn on my implantable loop recorder?
- Do I need to have an **empty stomach** before the procedure to insert the recorder? Should I withhold any of my **medications**? Are there any medications that I will need to take?
- Will I have **limitations** after the procedure to insert the recorder? Will I need to have someone who can drive me home?
- **When will the implantable loop recorder likely be removed?**
- **What happens next** if the data from the implantable loop recorder shows abnormal heart rhythms?