

Heart Disease Screening Tool

Survey Date: / /



1. What is your age?

2. What is your ethnicity? (choose all that apply)

- Caucasian African-American
 Hispanic Southeast Asian
 Other Asian Other

3. Do you smoke?

- Yes No, Never No, Quit

* 4. Is your blood pressure over 140/90?

- Yes No Don't Know

5. What is your blood pressure? /
 Self Reported by Patient

6. Has your cholesterol ever been checked?

- Yes No Don't Know

* 7. What is your total cholesterol?
 Self Reported by Patient

8. Is your HDL (good cholesterol) less than 40 mg/dL?

- Yes No Don't Know

9. What is your good cholesterol (or HDL)
 Self Reported by Patient Don't Know

10. Are you currently taking medicines for high cholesterol?

- Yes No Don't Know

11. Which of these medicines are you currently taking for high cholesterol?

- Statin Fibrate Niacin I don't know
 Other

12. Has your father/brother had a heart attack, stroke, or other heart problem before age 55?

- Yes No Don't Know

13. Has your mother/sister had a heart attack, stroke, or other heart problem before age 65?

- Yes No Don't Know

14. Do you have diabetes/prediabetes OR a fasting blood sugar of 110 mg/dL or higher?

- Yes No Don't Know

15. Are you currently taking medicine to control blood sugar?

- Yes No Don't Know

16. Is your BMI greater than 25?

- Yes No Don't Know

17. Do you get less than 30 minutes of exercise on most days?

- Yes No

18. Have you had a heart attack or have you been told that you have angina?

- Yes No Don't Know

19. Do you experience any of the following that limit your activities?

- Chest, jaw, shoulder or neck discomfort w/ activity Palpitations
 Chest, jaw, shoulder or neck discomfort at rest Fatigue
 Shortness of breath Leg Pain w/ walking
 Fainting without explanation Stroke or mini-stroke

20. Are you currently pregnant?

- Yes No Don't Know

21. Did you have high blood sugar during your pregnancy (gestational diabetes)?

- Yes No Don't Know Not Applicable

22. Did you have high blood pressure during your pregnancy?

- Yes No Don't Know Not Applicable

23. Did you have preeclampsia or toxemia during your pregnancy?

- Yes No Don't Know Not Applicable

24. Have you reached menopause?

- Yes No Don't Know If yes, at what age?

25. Was your uterus removed?

- Yes No Don't Know If yes, at what age?

26. Were your ovaries removed?

- Yes No Don't Know If yes, at what age?

27. Are you on hormone replacement treatment?

- Yes No Don't Know If yes, for how long in years?

28. Do you have polycystic ovary syndrome (PCOS)?

- Yes No Don't know

29. Is this your primary care physician/provider?

- Yes No

30. Do you have a primary care provider other than your GYN provider?

- Yes No

For Completion by Healthcare Professional Only

* Enter the patient's BP, Cholesterol and HDL if incomplete.

Was referral recommended?

- Yes No

If yes, referred to whom?

- PCP Cardiologist Endocrinologist NP PA
 Other

Referral Date:

/ /

