

Questions to Ask Your Doctor About Sexual Activity and Your Heart

The following questions can help you talk to your physician about your sexual activity concerns. **Print out or write down these questions and take them with you to your appointment.** Taking notes can help you remember your physician's response when you get home.

- When will I be able to resume sexual activity?
- If I had a heart attack, when will I be able to resume sexual activity?
- If I had an elective heart procedure, when will I be able to resume sexual activity?
- Is one type of sexual activity safer than another?
- Will having sex make me have a heart attack?
- What symptoms will I have if sexual activity is putting too much strain on my heart?
- What should I do if I have chest pain during sex?
- Are any of my current medications affecting my sex life?
- Could erectile dysfunction medications help me? Are there any drug interactions with my current medications?
- Will my heart disease get in the way of a **pregnancy**?