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# Questions for Your Doctor about Cholesterol/Lipids Test

The following questions can help you talk to your doctor about having a cholesterol/lipids test. Consider printing or writing down these questions and taking them to your appointment. Taking notes can help you remember your doctor's response when you get home.

### **QUESTIONS ABOUT YOUR CHOLESTEROL/LIPIDS TEST**

- Do I need to have an empty stomach before the test? Should I withhold any of my medications? Are there any medications that I will need to take?
- What happens next if the test shows that my cholesterol/lipids levels are unhealthy?
- What can I do to have healthier cholesterol/lipids levels?
- What is my risk level for cardiovascular disease?

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