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Questions for Your Doctor about Holter Monitoring

The following questions can help you talk to your doctor about wearing a Holter monitor. Consider printing or writing down these questions and taking them to your appointment. Taking notes can help you remember your doctor's response when you get home.

QUESTIONS ABOUT YOUR HOLTER MONITOR

- What information will a Holter monitor provide about my heart health?
- What information should I log while I am wearing the Holter monitor?
- How long should I wear the Holter monitor?
- How is a Holter monitor different from other monitors?
- Will I need to replace the batteries in the monitor?
- When do I return the monitor?
- What happens next if the data from the Holter monitor shows a potential problem with my heart's rhythm?
- What if the Holter monitor doesn't show any abnormal rhythm?



Blank lined area for notes or comments.